

Lunch Menu 5/24 to 5/28

LUNCH	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	5/24/2021	5/25/2021	5/26/2021	5/27/2021	5/28/2021
Connection					Last Day Of School!
ENTRÉE	Corn Dog	Pasta W/ Beef Bolognese	Chicken Sandwich	Teriyaki Chicken Thigh	
VEGETARIAN ENTRÉE	Crispy Tofu Fingers	Pasta W/ Alfredo Sauce	Veggie Burger	Teriyaki Edamame Stir-Fry	
VEGETABLE SIDE	Steamed Broccoli	Steamed Green Beans	Chef's Vegetables	Vegetable Stir-Fry	
STARCH SIDE	Tater Tots	Breadstick	Steak Fries	Japanese Yakisoba Noodles	
CHICKEN SALAD	Chef Salad	Chicken Breast Over Field Greens w/ Lemon Thyme Vinaigrette	Chef Salad	Chicken Breast Over Field Greens w/ Lemon Thyme Vinaigrette	
DESSERT	Ice Cream	Watermelon	Ice Cream	Orange Wedges	

DAILY OFFERINGS:

Salad & Deli Offerings: Large salads with chicken salad of the day, side salads, house made dressings, fresh toppings. Peanut butter and jelly sandwiches.

Special Dietary Needs: Segregated prep station for items made without gluten containing ingredients.

Flik is also tree nut & peanut aware, so we have a seareaated prep station with special cleaning and handling procedures for the preparation of items.

Sweet Offerings: Assortment of local and seasonal fruits, house made baked goods

Beverages: 2% milk, soy milk, water bottles

Snack/Grab & Go: Unsweetened applesauce, Cheese stick, Side salad, hand fruit

Pricing: \$6.00 for Lunch Combo (Includes one entrée, two sides, one sweet offering, and a beverage)

\$4.50 for Lunch Combo for Pre-K 3, Pre-K 4, and Kindergarten students
A la Carte Items available for purchase (Entrees \$3.25, Sides \$1.25 - \$2.50)

