



JCDS Lunch Menu 5/17 - 5/21

LUNCH	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	5/17/2021	5/18/2021	5/19/2021	5/20/2021	5/21/2021
Connections					
ENTRÉE	Hamburger	Pepperoni Pizza	Pork Bacon	Chicken Alfredo	Grilled Ham & Cheese
VEGETARIAN ENTRÉE	Veggie Burger	Cheese Pizza	Scrambled Eggs	Pasta Alfredo	Grilled Cheese
VEGETABLE SIDE	Steamed Broccoli	Vegetable Crudite	Breakfast Potatoes	Steamed Green Peas	Roasted Root Vegetables
STARCH SIDE	Tater Tots	Edamame Hummus	Pancake	Breadstick	Macaroni & Cheese
CHICKEN SALAD	Chicken Caesar Salad	Buffalo Chicken Salad	Chicken Caesar Salad	Chicken Caesar Salad	Buffalo Chicken Salad
DESSERT	Ice Cream	Mandarin Oranges	Yogurt W/ Berries	Jello	Watermelon

DAILY OFFERINGS:

Salad & Deli Offerings: Large salads with chicken salad of the day, side salads, house made dressings, fresh toppings. Peanut butter and jelly sandwiches.

Special Dietary Needs: Segregated prep station for items made without gluten containing ingredients.

Flik is also tree nut & peanut aware. so we have a seareacted prep station with special cleanina and handlina procedures for the preparation of items

Sweet Offerings: Assortment of local and seasonal fruits, house made baked goods

Beverages: 2% milk, soy milk, water bottles

Snack/Grab & Go: Unsweetened applesauce, Cheese stick, Side salad, hand fruit

Pricing: \$6.00 for Lunch Combo (Includes one entrée, two sides, one sweet offering, and a beverage)

\$4.50 for Lunch Combo for Pre-K 3, Pre-K 4, and Kindergarten students

A la Carte Items available for purchase (Entrees \$3.25, Sides \$1.25 - \$2.50)

